

MEXICAN 7 LAYER SALAD

Equipment

Measuring cups
Chopping board
Kitchen knife
Can opener
Grater
Large glass bowl for serving

Ingredients

4 cups lettuce, chopped
1 cup tomatoes, chopped
½ cup spring onions, chopped
½ cup sliced olives, drained
2 cups dark red kidney beans, drained
1 cup cheddar cheese, grated
1 cup tomato chutney or salsa
1 cup mayonnaise
2 cups tortilla chips, crushed

How to make it:

- 1 Layer lettuce, tomato, onions, olives, beans, cheese and dressing in a large glass bowl.
- 2 Refrigerate.
- 3 Top with crushed tortilla chips and toss lightly just before serving.



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