

# Infused Ice Tea

SIMPLE RECIPE

## Equipment

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- 1 kettle
- Teapot(s) or Plungers
- Tea strainer

## Ingredients

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- A small handful of herbs
- Boiling water
- Honey (optional)
- Lemon juice (optional)
- Ginger Root (optional)

## Directions

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1. Boil the water in the kettle and let it cool for two minutes.
2. Add the herbs to the teapot and pour boiled water in and allow to infuse for 5 minutes. (Hot: You might need an adult to help with this)
3. Pour in to cups and serve. You may need to use a tea strainer.
4. Add ice cubes to cool it down!

