

## **Baked Kale Chips**

<b>Equipment</b>	<b>Ingredients</b>
Measuring cups	2 cups fresh kale
Measuring spoons	1 tbsp olive oil
Oven tray	1 tsp salt
Baking paper	

### **How TO MAKE IT:**

- 1 Preheat the oven to 175oC. Line a baking tray.
- 2 Remove stems from the kale. Cut or tear leaves into bite-sized pieces.
- 3 Place on baking tray and drizzle with olive oil. Season with salt.
- 4 Bake for 10 minutes, until edges of kale are lightly golden, but not burnt.

